

Change it Up!



FREE & Quick Mood Changer



<https://500px.com/richardhoskins>

Take one, Keep it, pass it on.

Spread the goodwill 😊

When nothing is sure,
everything is possible.

www.yoganauu.com

You do enough, you have enough,
you are enough.

www.yoganauu.com

Trust your gut, not your fear.

www.yoganauu.com

Strive for progress not perfection.

www.yoganauu.com

I've learned so much from my mistakes.
I'm thinking of making a few more.

www.yoganauu.com

You are confined only by the wall
you build yourself.

www.yoganauu.com

Sometimes you have to chuck it in the
'fleck it' bucket and move on.

www.yoganauu.com

That which matters most should never
give way to that which matters least.

www.yoganauu.com