

Change it Up!



FREE & Quick Mood Changer



Take one, Keep it, pass it on.

Spread the goodwill 

Life isn't about waiting for the storm
to pass, It's about learning to dance
in the rain. www.yoganuu.com

Big things often have small beginnings.
www.yoganuu.com

Accept what is, let go of what was
and have faith in what will be.
www.yoganuu.com

Know who you are and know it's enough.
www.yoganuu.com

When it's dark, look for stars.
www.yoganuu.com

You are confined only by the wall
you build yourself. www.yoganuu.com

Trust your gut, not your fear.
www.yoganuu.com

When things aren't adding up in your life.
Start subtracting. www.yoganuu.com