

# Change it Up!



## FREE & Quick Mood Changer

Take one, Keep it, pass it on.

Spread the goodwill 😊

Don't confuse your path with your destination. Just because its stormy now doesn't mean you aren't headed for sunshine. [www.yoganuu.com](http://www.yoganuu.com)

Dear Self, today you will shine.

[www.yoganuu.com](http://www.yoganuu.com)

Nothing is impossible, the word itself says I'm possible!

[www.yoganuu.com](http://www.yoganuu.com)

Nature does not hurry, yet everything is accomplished.

[www.yoganuu.com](http://www.yoganuu.com)

What you are afraid to do is a clear indication of the next thing you need to do.

[www.yoganuu.com](http://www.yoganuu.com)

If it doesn't nourish your soul, get rid of it.

[www.yoganuu.com](http://www.yoganuu.com)

Life isn't about waiting for the storm to pass, It's about learning to dance in the rain. [www.yoganuu.com](http://www.yoganuu.com)

Be stronger than your strongest excuse.

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